Describing Feelings in Detail

B1 · Vocabulary · WORKSHEET

Name: _____ Date: _____

1. Choose the best adjective.

Choose the adjective that fits.

1. I passed the exam! I felt so ___.
   Choices: relieved / jealous / embarrassed

   Answer: _____

2. I tripped in front of everyone. I felt ___.
   Choices: embarrassed / proud / grateful

   Answer: _____

3. I didn’t get the job. I was really ___.
   Choices: disappointed / thrilled / delighted

   Answer: _____

4. Thank you for your help. I’m so ___.
   Choices: grateful / jealous / anxious

   Answer: _____

2. Complete the sentence.

Write one word.

1. I felt very ___ before the interview. (anxious)

2. It made me ___ proud.

3. I couldn’t ___ it when I won! (believe)

4. She was so ___ that she cried. (very happy)

3. Describe a feeling.

Write about a time you had a strong feeling.

1. Write when it happened and the feeling.

3. Describe a feeling. (continued)

2. Write why you felt that way.

3. Write how you reacted.