AKANDIX KIDS

NOTEBOOK CUT-OUT

# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.

1/7

**Name:** _____ **Date:** _____

## 1. Which feeling?

Read and choose the feeling.

1. It is my birthday party!
   Choices: sad / happy / bored
2. I have a big test today.
   Choices: hungry / bored / nervous
3. There is a spider on my bed!
   Choices: happy / scared / tired
4. I play outside all afternoon.
   Choices: scared / angry / tired

**Notebook check: I finished this card! [ ]**

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NOTEBOOK CUT-OUT

# How Do You Feel? Feelings for Kids

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2/7

**Name:** _____ **Date:** _____

## 1. Which feeling? - keep going!

Read and choose the feeling.

1. We go to the zoo tomorrow!
   Choices: excited / worried / sad
2. My brother breaks my toy.
   Choices: angry / excited / happy

**Notebook check: I finished this card! [ ]**

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NOTEBOOK CUT-OUT

# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.

3/7

**Name:** _____ **Date:** _____

## 2. Complete the feeling

Use the words in the box.

**WORD BANK: hungry | sad | bored | surprised | tired**

1. I want a sandwich. I am ___.

2. My dog is lost. I am ___.

3. This movie is long and slow. I am ___.

4. Wow! A present for me? I am ___!

**Notebook check: I finished this card! [ ]**

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# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.

4/7

**Name:** _____ **Date:** _____

## 2. Complete the feeling - keep going!

Use the words in the box.

**WORD BANK: hungry | sad | bored | surprised | tired**

1. I sleep very late. I am ___ today.

**Notebook check: I finished this card! [ ]**

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NOTEBOOK CUT-OUT

# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.

5/7

**Name:** _____ **Date:** _____

3

## 3. Because...

Choose the best reason.

1 I am happy because ___
Choices: my cousins are here. / I am sick. / it is raining all day.

2 I am nervous because ___
Choices: I have a new game. / I have a dance show today. / it is a holiday.

3 I am bored because ___
Choices: I am at a party. / my friends are here. / there is nothing to do.

4 I am scared because ___
Choices: it is sunny. / I have ice cream. / the room is very dark.

**Notebook check: I finished this card! [ ]**

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NOTEBOOK CUT-OUT

# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.

6/7

**Name:** _____ **Date:** _____

4

## 4. My feelings

Write sentences with because.

1 When are you happy?

_____

2 When are you nervous?

_____

**Notebook check: I finished this card! [ ]**

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# How Do You Feel? Feelings for Kids

Cut this card and glue it into your notebook.



**Name:** _____ **Date:** _____

4

## 4. My feelings - keep going!

Write sentences with because.

1 How do you feel today? Why?

_____

**Notebook check: I finished this card! [ ]**



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